

**For Immediate Release**  
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**Enjoy a Better Quality of Life Through Organized Living!**

*Professional Organizers Tout The Benefits of Getting Your Life Organized at Work and Home*

**WHAT:** Take control of your surroundings, time and clutter through better organization. As we revel in the New Year and make resolutions, the New England chapter of the National Association of Professional Organizers (NAPO) is offering to aid those vowing to get organized in 2005. Later this month at the Boston Public Library and the Boston Home Show, professional organizers from across New England will provide valuable organizing advice, answer questions and share tips on how to embark on the path of life-long organization at home or the workplace. The events celebrate January as "Get Organized" month, and are designed to raise awareness of the benefits of organization and professional organizers. Current research finds that the average office worker loses an hour a day looking for misplaced items. 80% of the clutter in most homes is a result of disorganization not lack of space. Learn through professional organizing experts how to increase your productivity, improve your quality of life, lower stress and create more time to enjoy personal interests.

The National Association of Professional Organizers - New England Chapter (NAPO-NE) is the gateway for New Englanders to reach their organizing goals. The New England chapter, second largest chapter in the U.S., has over 125 members who work with residential and commercial clients. Their services include the organization of closets, kitchens, garages, attics, basements, bedrooms, bathrooms, and home offices. They work to design and re-design these spaces for optimum efficiency, also assist with moving and help with estate planning. Corporate and small business organizing services include electronic and paper information management, time management, and inventory/assets control. Some organizers specialize in working with attention-deficit disorder (ADD) and chronically disorganized clients as well as with people experiencing a major life transition where organizational skills add calm and ease stress.

**WHO:** At the Boston Public Library, Myra Grassfield and Lise Stahl Brown will lead a seminar on time management and using Outlook to be more productive.

*Lise Stahl Brown, owner of artful Productivity, brings a value for beauty to organizing work environments, time and processes. With over 30 years of work experience in small business management and large organization change, she helps professionals and small groups be more productive and find greater enjoyment and flow in their work lives. She has extensive experience in implementing technology to streamline routine tasks and enhance group information sharing.*

*Myra Grassfield, owner of Where With All Professional Organizing Services, has a key to success: her talent to put people at ease. She works with clients to implement simple strategies for reaching their organizational goals, believing strongly in putting items in a logical place. She brings her clients over 15 years of educational experience including positions as an International Adult Educator and Advisor as well as an Information and Referral Specialist for both early childhood education programs and tenant rights and responsibilities.*

At the NAPO booth at The Boston Home Show, professional organizers from across New England will be on hand to provide information on professional organizing, offer tips, show before and after pictures, and answer all of your "how to" questions.

**WHEN:** **Boston Public Library "Get Organized" Seminar - Saturday, January 22, 1:00 p.m. - 3:00 p.m.**  
Boston Public Library (main Copley branch), 700 Boylston St., Boston, MA (Copley MBTA Stop)  
Free and open to the public

**NAPO New England Booth at The Boston Home Show - Friday, January 28 - Sun., January 30**  
Bayside Expo & Executive Conference Center  
200 Mount Vernon St./Columbia Pt.  
Friday: 4:00 P.M. - 9:00 P.M., Saturday: 10:00 A.M. - 9:00 P.M., Sunday: 10:00 A.M. - 5:00 P.M.  
\$8 admission to the show includes access to NAPO-New England booth

**FOR MORE INFORMATION** or to arrange an interview or organizational session with a NAPO-New England professional organizer, contact Ann Marie Williams ([amworg@beld.net](mailto:amworg@beld.net)) at 781-56-0140 or Erika Salloux ([erika@living-harmony.org](mailto:erika@living-harmony.org)) at 617-945-0704.)

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